

Teenagers Grading Syllabus(2023).

Age 13-17

BROWN BELT Plus 4 Black Stripes

Demonstrate:

Taisabaki

Ushiro Tenkan

Techniques Suwariwaza

Shomenuchi:

Ikkyo (I&T) (1 Stripe) (I&T)

Nikkyo (I&T) (2 Stripe) (I&T)

Sankyo (I&T) (3 Stripe) (I&T)

Yonkyo (I&T) (4 Stripe) (I&T)

Gokkyo

Rokkyo(4 Stripes)

Kotegaeshi

Iriminage (2 Stripe)

Kokyuho

Techniques Hanmihandachi

Gyakuhanmi:

Ikkyo (1 Stripe) (I&T)

Nikkyo (2 Stripe) (I&T)

Sankyo (3 Stripe) (I&T)

Yonkyo (4 Stripe) (I&T)

Kokkyunage

Shihonage

Kokyuho

Uchikaitenage (Tenkan first)

Sumiotoshi (Tenkan first)

Tenchinage (Tenkan first)

Yokomenuchi:

Shihonage

Techniques Tachiwaza

Aihanmi Katate dori:

Ikkyo (I&T)

Nikkyo (I&T)

Sankyo(I&T) (2 Stripe)

Yonkyo (I&T) (3 Stripe)

Gokkyo

Iriminage (JCG)

Kotegashi

Jujinage

Shihonage

Sumiotoshi

Tenchinage

Uchikaitenage

SotoKaitenage

Uchikaiten Katagatame(2 stripe)

SotoKaiten Katagatame(3 stripe)

Kokyunage(Variations)(3 stripe)

Koshinage(2 stripe)

Udegaraminage(3 stripe)

Kokyu-ho

Gyakuhanmi katate dori:

Ikkyo (I&T)

Nikkyo (I&T)

Sankyo(I&T) (3 Stripe)

Yonkyo (I&T) (4 Stripe)

Gokkyo

Kokkyunage(Variations)(3 stripe)

kokkyu-ho

Sumiotoshi

Tenchinage

Uchikaitenage

Sotokaitenage

Uchikaiten Katagatame(1 stripe)

SotoKaiten Katagatame(2 stripe)

Shihonage

Iriminage(JCG)

Kotegashi

Jujinage

Koshinage

Udegaraminage(2 stripe)

Kata:

Ikkyo (I&T)

kokkyu-ho

Sumiotoshi

Morotedori

Ikkyo (I&T)
 Nikkyo (I&T)
 Sankyo(I&T) (3 Stripe)
 Yonkyo (I&T)(4 Stripe)
 Kokyho
 Kokyunage
 Iriminage (Tenkan first)
 Kotegashi (Tenkan first)
 Jujinage
 Shihonage
 Udegaraminage
 Koshinage(4 Stripe)

Shomenuchi

Ikkyo (I&T)
 Nikkyo (I&T) (2 Stripe)
 Sankyo(I&T) (3 Stripe)
 Yonkyo (I&T)(4 Stripe)
 Rokkyo(I&T)(4 Stripe)
 Gokkyo
 Kokyuho
 Iriminage
 Kotegaeshi
 Sumiotoshi
 Tenchinage
 Uchikaitenage
 Kaitenage
 Katagatame(4)
 Jujinage(3)
 Shihonage(4)
 Udegaraminage(4)
 Kokyunage(4)

Ryotemochi**Ryotedori**

Ikkyo (I&T)
 Nikkyo (I&T)
 Sankyo(I&T) (3 Stripe)
 Yonkyo (I&T) (4 Stripe)
 Kokyuho
 Kokyunage(+Variations)
 Sumitoshi
 Tenchinage
 Uchikaitenage
 Iriminage
 Kotegashi
 Jujinage
 Sotokaitenage
 Katagatame (4 stripes)
 Udegaraminage(4 stripes)
 Shihonage
 Koshinage

Yokomenuchi

Ikkyo (I&T)
 Nikkyo (I&T) (2 Stripe)
 Sankyo(I&T)(3 Stripe)
 Yonkyo (I&T)(4 Stripe)
 Sumiotoshi
 Tenchinage
 Uchikaitenage
 Kotegaeshi
 Iriminage(JCG)
 Kokyuho
 Jujinage
 Shihonage
 Kokyunage(+Variations)

Ushiro Ryoto dori

Kokyunage
 Ikkyo (I&T)
 Sankyo(I&T) (3 Stripe)
 Yonkyo (I&T) (4 Stripe)
 Kotegashi
 Iriminage
 Jujinage
 Shihonage

Kubi Jime
 Ikkyo (I&T)
 Kokyunage
 Jujinage
 Kotegashi
 Udegaraminage(4 stripes)

Tsuki

Ikkyo (I&T)
 Nikkyo (I&T) (2 Stripe)
 Kokyuho
 Kotegashi
 Sumiotoshi
 Tenchinage
 Uchikaitenage
 Uchikaiten Sankyo(4)
 Katagatame(3)
 Uchikaiten Katagatame(4)
 Udegaraminage(3)

Weapons Unarmared

Tanto (Any technique)

Tachi dori (Any technique) (1 Stripe)

Jo Dori (Any technique) (2 Stripe)

Extra attacks

Futari dori (Any technique) (3 Stripe)

Sannin Randori (4 Stripe)

Sitting Kokkyu-ho

Weapons

Chiba sensei 8 suburi

Shomen uchiKomi

Renzuko Uchikomi

Kesa movements 1-12 (1 stripe)

Tsuki movements 1-12 (2 stripe)

Shomen movements 1-12 (3 stripe)

Sansho Parts 1,2 and 3 (4 Stripes)