

Tudor Grange Aikido



Sensei and I in rare practice





Tudor Grange Central Aikido Dojo

The dojo has now been going since 2000 and is achieving what it was set out for.

The dojo was started to bring the same quality of [CMW dojo](#) to the Solihull area at a beginner stage. Here the instructors teach with high clarity and show technical abilities for beginners to understand at a lower level.

With the dojo's high standards and quality you will gain excellent fitness and self-confidence giving a feeling of wellbeing whilst also gaining the ability to defend your self should you need to.

We are part of the Central Aikikai, which also includes [Ei Oh Kan](#) and [CMW](#).

The dojo is affiliated to the British [Birankai](#) was [under the technical direction of Master Chiba Sensei](#).

The [British Birankai](#) (formerly British Aikikai) was born out of the natural evolution of events in the development of Aikido in the United Kingdom.

British Birankai was given official recognition by Aikido World Headquarters, Tokyo, Japan in April 2006.

All Dan grade instructors are fully certified and DBS checked.

The British Birankai is a member of the Joint Aikido Council (JAC).

[More details click here](#)

Tudor Grange Dojo Chief Instructor



Sensei Stuart Lovering 5Th Dan

Chief instructor of [Tudor Grange](#) Dojo

He himself was only a junior when he first started in 1988 after finding the calming side of it assisted him in the completions he used to compete in through his karate. Noticing the difference aikido was doing for him he continued to follow even though the reasons have changed over the years. He started aikido due to the interest in martial arts and has continued due to the enjoyment of giving other people the same experience he has had over the years and how it has helped him through his early years.

He has been a member of the [British Birankai](#) Teaching Committee and holds the rank of 5th Dan Shido-in where he has organised many of the national courses including summer schools hosting Miya Mote sensei and Horii Sensei.

He has also been to Japan where he went to Hombu dojo to experience Doshu, Waka sensei, Miya mote sensei and . Whilst in Japan he also visited Horii Sensei in Sanda for which he hopes to visit again someday.

The class



In the class's you will learn to defend from any attack, with or without a weapon.

Aikido is a self-defence art that enables you to use your opponents strength against themselves which allows anyone big or small, junior or adult to do it, so physical fitness and strength is not essential to start practicing.

Through aikido you will learn the most effective self defence taught today, whilst also gaining fitness and confidence.

[Class details](#) [Beginners click here](#) [Click here to check out a typical class at Tudor Grange Dojo](#)



Special Classes

Time to time we also have visiting Instructors to allow the students to gain knowledge form other Dojo's.

[Dojo Visitors gallery](#)

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